

Brentwood to host free CERT training

Feb 2, 2017

If an emergency struck, would you be ready?



On March 30, at 6:30 p.m., instructors from the Brentwood Police Department and the East Contra Costa Fire Protection District will conduct Community Emergency Response Team (CERT) training to arm residents with the skills and information necessary to prepare for – and survive – a disaster.

Participants will converge on Brentwood City Park, along with additional volunteers from local police and departments and the community at large. Hands-on scenarios will focus on preparing for and reacting to an emergency.

According to Michele Keady, the senior community services officer for the Brentwood Police Department, the training is important for a number of reasons.

"Not only will this training prepare someone for a catastrophic event, the (knowledge) could assist someone if they come upon a vehicle collision or someone who is injured and may need assistance," she said. "Each graduate will learn how to properly assess a situation or location for safety, learn how to properly conduct search and rescue and give medical aid if needed."

CERT basic training includes disaster preparedness; fire safety; disaster medical operations, such as triage; terrorism; search and rescue; organization and disaster psychology.

During the final drill, volunteers will act out a variety of roles, from the walking wounded to being deceased, as well as performing various simulations of disaster scenarios. Trainings are free.

To sign up for the training or to volunteer, email <u>CERT@brentwoodca.gov</u>. or call 925-809-7780.